***Gospel Conversations…***

***Let’s Talk Equipping the Church to Counsel***

**Session 4:**

**4 Biblical Compass Points for Biblical Counseling**

**Part 2: *Nouthetic* Biblical Counseling for**

**Sin and Sanctification**

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**Presentation Focus**

Helping hurting people can feel like a maze. Sometimes that maze takes us into the territory of suffering and being sinned against (Session 3).

Other times that maze leads us into a journey of helping people who have fallen into sin.

In this session, we’ll learn a comprehensive, compassionate biblical and church history approach to helping people see *it’s horrible to sin, but wonderful to be forgiven*,

and that *it’s supernatural to mature*.

The combined teaching of sessions 3 and 4 provide us with a biblical GPS

that maps out the ministry focus of an equipped biblical counselor.

**4 Biblical Compass Points for Biblical Counseling**

**Part 2: *Nouthetic* BiblicalCounseling for Sin and Sanctification**

**Tim’s Story: Suffering, Sin, and Sanctification**

* After listening to “Tim’s Story,” ponder the following questions:

1. Has anyone ever ministered to you like Tim’s first counselor? If so, what was the result? How did it feel? Has anyone ever ministered to you like Tim’s second counselor? If so, what was the result? How did it feel?

2 What “map” or “process,” or “model do you think guided Tim’s first counselor? What guided Tim’s second counselor?

3. How would you have ministered to Tim? Where would you have started? Why? What map, process, or model would guide you?

**4 Biblical Compass Points for Biblical Counseling**

***Parakaletic* Biblical Counseling for the Evils We Have Suffered**

***“God Is Good Even When Life Is Bad”***

 **Gospel Compass Point # 1: Sustaining—***“It’s Normal to Hurt”*

 **Gospel Compass Point # 2: Healing—***“It’s Possible to Hope”*

***Nouthetic* Biblical Counseling for the Sins We Have Committed**

***“God Is Gracious Even When I Am Sinful”***

 **Gospel Compass Point # 3: Reconciling—***“It’s Horrible to Sin, but Wonderful to Be Forgiven”*

**Gospel Compass Point # 4: Guiding—***“It’s Supernatural to Mature”*

**II. Gospel-Centered Care-Fronting for Sin and Sanctification: Romans 5:20**

* **Care-Fronting:** Confronting out of Concern for Change (Growth)—Nouthetic
* **Reconciling Grace for Sin and Sanctification:** *“God Is Gracious Even When I Am Evil”*—Romans 5:20
* **Guiding Grace for Sin and Sanctification:** *“The Grace that Saves Is the Grace that Sanctifies”*—Titus 2:11-14

 **A. Gospel Compass Point # 3: Reconciling: *“It’s Horrible to Sin, but Wonderful to Be Forgiven”—*Romans 5:20**

1. *“It’s Horrible to Sin”*

a. In Love and Humility, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the Conscience with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Galatians 6:1; 2 Corinthians 7:8-13

b. Expose the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sin by Probing Relational Patterns: Heb. 3:7-19; Jm. 4:1-8

c. Catch Them \_\_\_\_\_\_\_\_\_\_\_\_-\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Hebrews 3:7-19; Hebrews 4:12-13

d. Leave the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to God: 2 Timothy 2:24-26

 2. *“It’s Wonderful to Be Forgiven”*

a. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the Conscience with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: 2 Corinthians 2:5-11;

1 John 1:8-2:2

b. Recognize the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Matthew 4:1-10

c. Reconciling Pictured: Be a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of Grace—Romans 8:1

d. Provide \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of Grace: Luke 15

e. Pen Psalms of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Engage in Reconciling Gospel Trialogues

**So What? Maturing As a Gospel-Centered Ambassador of Reconciliation**

1. Who has *reconciled* you by helping you sense *“it’s horrible to sin, but wonderful to be forgiven”*? Who has “dispensed Christ’s grace to heal your disgrace”? How? How did it minister to you?

2. How could *you* use these 9 reconciling compass points to help God’s people repent of their sin and receive Christ’s grace and forgiveness?

3. How can we equip God’s people to offer one another biblical counseling reconciling?

 **B. Gospel Compass Point # 4: Guiding—*“It’s Supernatural to Mature”***

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Help Them to See Whose They Are in Christ: Ephesians 1:1-4:10;

 2 Timothy 1:5-7

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Identity in Christ
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Identity in Christ

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Them to Become More Like Christ: Romans 12:1-2; Ephesians 4:17-24; 2 Timothy 1:8-18

* Putting \_\_\_\_\_\_\_\_\_\_\_\_: “Do not be conformed to the world…”
* Putting \_\_\_\_\_\_\_\_\_\_\_\_: “Be transformed by the renewing of your mind…”

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Them to Minister for Christ: Ephesians 4:11-16; 2 Timothy 2:1-10

4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Them through Christ’s Word: Engage in Guiding Gospel Trialogues—Romans 5-8; Romans 12-15

* Guiding Pictured: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Up the Gift of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

**So What? Maturing As a Gospel-Centered Mentor/Discipler**

1. Who has *guided* you by helping you sense *“it’s supernatural to mature”*? Who has “stirred up the gift of God” in you? How? How did it minister to you?

2. How could *you* use these 4 guiding compass points to empower God’s people toward growth in grace?

3. How can we equip God’s people to offer one another biblical counseling guiding?