

Gospel Conversations: How to Care Like Christ

22 Biblical Counseling Skills

Sustaining Relational Competencies: *GRACE*

<i>G</i>	Grace Connecting:	Committed Involvement
<i>R</i>	Rich Soul Empathizing:	Climbing in the Casket
<i>A</i>	Accurate/Active Spiritual Listening:	Faith-Drenched Alertness
<i>C</i>	Caring Spiritual Conversations:	Sustaining Theological Trialogues
<i>E</i>	Empathetic Scriptural Explorations:	Sustaining Biblical Trialogues

Healing Relational Competencies: *RESTS*

<i>R</i>	Relational Treatment Planning:	Mutuality in Hope Building
<i>E</i>	Encouraging Communication:	Hope-Based Interactions
<i>S</i>	Story Reinterpreting:	Co-Authoring Resurrection Narratives
<i>T</i>	Thirsts Spiritual Conversations:	Healing Theological Trialogues
<i>S</i>	Stretching Scriptural Explorations:	Healing Biblical Trialogues

Reconciling Relational Competencies: *PEACEE*

<i>P</i>	Probing Theologically:	Theory-Guided Awareness
<i>E</i>	Exposing through Confronting Wisely:	Disclosing Discrepancies
<i>A</i>	Active Softening of Stubbornness:	Loosening Resistance to Repentance
<i>C</i>	Connecting Intimately:	Relating in the Moment
<i>E</i>	Enlightening Spiritual Conversations:	Reconciling Theological Trialogues
<i>E</i>	Empowering Scriptural Explorations:	Reconciling Biblical Trialogues

Guiding Relational Competencies: *FAITHH*

<i>F</i>	Faith-Based Interventions:	New Covenant Living
<i>A</i>	Activating Envisioned Maturity:	Stirring Up God's Gifts
<i>I</i>	Insight-Oriented Treatment Planning:	Collaborative Spiritual Direction
<i>T</i>	Taking Action:	Homework That Works
<i>H</i>	Holiness Spiritual Conversations:	Guiding Theological Trialogues
<i>H</i>	Heroic Scriptural Explorations:	Guiding Biblical Trialogues