

400+ Resources on Biblical Counseling and Psychology-Related Research

**Resources Related to
Scripture and Extra-Biblical Resources,
Descriptive Research and
Evidenced-Based Counseling Intervention Research, and
Physiological/Neurological Resources on the Complex Interconnection
of Our Brain/Mind, Body/Soul, Physical/Spiritual Nature**

Online Edition #1, Posted November 15, 2022

Collated By

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Introduction: The Sufficiency of Scripture and Extra-Biblical Resources

“Sufficiency of Scripture” is a vital and much-used term in the biblical counseling world. Of course, defining “sufficiency of Scripture” is essential. Once defined, it is important to describe the practical implications and applications of sufficiency of Scripture in the real world of providing biblical counseling to real people.

In particular, there is much debate about **scriptural sufficiency and extra-biblical resources and psychological research**. What is the role and relationship of Scripture and science? What is the role and relationship of Scripture and scientific research, descriptive psychological research, evidenced-based counseling intervention research, and neurological (brain/body/mind/soul) research?

Why This Collation

I’ve found that we often talk past each other in these complex discussions. One of the reasons we talk past each other is **we have no clear, agreed-upon definitions, descriptions, or examples of our terms**.

- What do we mean by “scientific research”?
- What is “descriptive psychological research”?
- What are examples of “evidenced-based counseling intervention research”?
- What are examples of “neurological research findings”?

I’ve also found that in the biblical counseling world our **default** view is to take a critical approach toward anything that is extra-biblical—often before we even define it, and before we even engage with it honestly, respectfully, and carefully. Thus, the first major purpose of this collation:

*I am providing **100s of first-hand, primary sources**—examples of scientific research, descriptive psychological research, evidenced-based counseling intervention research, and neurological research findings—so you can define them accurately and assess them fairly.*

So now if someone says, “I’m skeptical of “evidenced-based counseling intervention research,” then we could discuss together scores of particular examples and we could specifically identify potential areas of concern...and potential areas of positive contribution.

This document not only includes primary source examples of extra-biblical resources related to the care and cure of the soul. It also includes **100s of secondary sources**—a broad spectrum of perspectives on the possible negative or positive relationship of extra-biblical sources to biblical counseling. Thus, a second major purpose of this collation:

*You, the reader, can be a “wise Berean” (see Acts 17) who reads **original/primary sources**, reads a cross-section of **secondary sources** providing their perspective, and then you can become an informed and discerning reader drawing your own biblical conclusions—so you can assess everything through the lens of Scripture.*

What This Collation Is NOT

This collation is **not** a collection exclusively of *biblical counseling* resources. I have produced such collated lists yearly in [The Annual Guide to Biblical Counseling Resources](#).

Instead, this collation includes resources from biblical counselors, from Christian integrative counselors, from Christian psychologists, and from “secular” writers and researchers. Obviously, inclusion in this list is **not** an endorsement of the individual authors or of individual resources. Each resource is included so that you—the reader—can do your own primary source and secondary source research into these issues.

This collation is **not** simply a list of resources on the sufficiency of Scripture for a theology of biblical counseling. Such resources are included, but this resource collation adds hundreds of items related to the broader topics of this collation.

The modern biblical counseling movement has held that the Scriptures are sufficient for developing a **prescriptive** model of people (anthropology, Creation), problems (hamartiology, Fall), and solutions (soteriology, Redemption). Therefore, this collation is **not** focused on resources related to the integration or non-integration of a biblical **theology** of biblical counseling with secular psychological **theories** of therapy.

Instead, this collation focuses on various elements of **descriptive** research. Traditionally, the modern biblical counseling movement—based upon a theology of common grace and upon the application of the Creation/Cultural Mandate—has valued the role of scientific research, descriptive psychological research, and neurological (brain/body) research as having an adjunctive and “catalytic” role under the ultimate authority of Scripture.

This collation is **not** a list focused on specific theories of and interventions for particular life issues. For those resources, I again point you toward [The Annual Guide to Biblical Counseling Resources](#).

What This Collation IS

This collation seeks to provide select resources for thinking through the relationship between Scripture and research. **More specifically**, this collation seeks to provide resources—divided into three categories—for thinking through the relationship of biblical counseling and the possible/potential roles of:

1. Category #1: Scripture and Extra-Biblical Resources (General, Broad, Introductory Category)
2. Category #2: Descriptive Research and Evidenced-Based Counseling Intervention Research
3. Category #3: Physiological/Neurological Resources on the Complex Interconnection of Our Brain/Mind, Body/Soul, Physical/Spiritual Nature

Here are more detailed descriptions of these three categories:

- **Category #1: Scripture and Extra-Biblical Resources (General, Broad, Introductory Category):** This is an introductory, general, broad category of resources. It includes resources that address the relationship of Scripture and science, sufficiency of Scripture and theory-building, the nature of psychology, and the relationship of Scripture to extra-biblical resources. It includes resources that examine the input of theological concepts such as common grace, the noetic effect of sin, general versus special revelation, the Creation/Cultural Mandate, etc. These resources explore how these topics relate to biblical counseling.
- **Category #2: Descriptive Research and Evidenced-Based Counseling Intervention Research:** This category focuses on descriptive research and on a subset of descriptive research—evidenced-based counseling intervention resources. Some of the resources are broad-based—providing introductory definitions and descriptions of descriptive research and evidenced-based research. Some of the resources are more specific—providing resources that give specific examples of articles that offer descriptive research and/or evidenced-based counseling research findings. These resources explore the potential impact of empirical research on biblical counseling practice.
- **Category #3: Physiological/Neurological Resources on the Complex Interconnection of Our Brain/Mind, Body/Soul, Physical/Spiritual Nature:** As the title suggests, this category focuses on resources related to the complex interconnection of our brain/mind, body/soul, and physical/spiritual nature. This category also includes resources related to neuroscience, psychotropic medication, mental illness, mental health, and the DSM. It highlights resources that explore how being embodied beings relates to the process of biblical counseling.

This collation is a **“work in progress.”** It started when friends inside and outside the biblical counseling movement were increasingly asking me for resources related to these topics. Initially I collated a list of just **9** resources. As of this writing, this document includes more than **400** resources—and continues to expand. If you are aware of resources that you think could be added to any of these three categories, please feel free to contact me.

Though already stated, this bears repeating: inclusion in this list does **not** note agreement with the resource. It simply notes that it is **a** resource related to the topic and potentially useful for thinking about these issue—always using a biblical grid/lens and a Christian/scriptural worldview.

You’ll quickly note that these references are not according to a formal Style Guide and that they typically provide incomplete bibliographic information. However, **every** reference includes the author(s) name(s), the title of the resource, and **a direct link**—so that complete references can be located and so that the resource can be easily and quickly accessed.

Category #1: Resources on Scripture and Extra-Biblical Resources

This is an introductory, general, broad category of resources. It includes resources that address the relationship of Scripture and science, sufficiency of Scripture and theory-building, the nature of psychology, and the relationship of Scripture to extra-biblical resources. It includes resources that examine the input of theological concepts such as common grace, the noetic effect of sin, general versus special revelation, the Creation/Cultural Mandate, etc. These resources explore how these topics relate to biblical counseling.

1. Adams, Jay. [*A Theology of Christian Counseling: More Than Redemption*](#)
2. Arms, Donn, and Dave Swavely, Editors. [*Whole Counsel: The Public and Private Ministries of the Word*](#)
3. Baker, Ernie and Howard Eyrich. "Caution: Counseling Systems Are Belief Systems." Chapter 9 in [*Scripture and Counseling: God's Word for Life in a Broken World*](#)
4. Barrett, Matthew. [*The Sufficiency of Scripture: An Essay*](#)
5. Bavinck, Herman. [*Biblical and Religious Psychology*](#)
6. Bavinck, Herman. "[Calvin and Common Grace.](#)" Geerhardus Vos, Translator. *The Princeton Theological Review*, 7(3), 1909, 437-465
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12. Brown, Warren. "Resonance: A Model for Relating Science, Psychology, and Faith," in [*Integrating Psychology and Theology: Research and Reflections*](#), ed. Al Dueck (Pasadena: Fuller Seminary Press, 2006
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14. Cherry, Ellen. [*Positive Theology: An Exploration in Theological Psychology and Positive Psychology*](#)

15. Dew, James. [*How Do We Know: An Introduction to Epistemology*](#)
16. Dew, James. [*Science and Theology: An Assessment of Alister McGrath's Critical Realistic Perspective*](#)
17. Emlet, Mike. [*How Should Biblical Counselors View Material from Secular Psychology?*](#)
18. Forrey, Jeff. "What Is Psychology," Chapter 4 in [*Scripture and Counseling: God's Word for Life in a Broken World*](#)
19. Forrey, Jeff. "Where Do We Find Truth," Chapter 3 in [*Scripture and Counseling: God's Word for Life in a Broken World*](#)
20. Frame, John. [*The Doctrine of the Christian Life*](#). Phillipsburg, NJ: P&R, 2008
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24. Hall, Todd, and Elizabeth Hall. [*Relational Spirituality: A Psychological-Theological Paradigm for Transformation*](#)
25. Hambrick, Brad. [*5 Types of Biblical Counselors*](#)
26. Hambrick, Brad. [*Are You For or Against "Psychology"?*](#)
27. Hambrick, Brad. [*Should We Be For or Against Psychology?*](#)
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30. Hathaway, William. "[Integration, Biblical Counseling, and Hermeneutics,](#)" in *The Journal of Psychology and Theology*. "Special Issue: The Sufficiency of Scripture," Vol. 49, Issue 3, September 2021
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38. Johnson, Eric. [*Reformational Counseling: A Middle Way*](#)
39. Johnson, Eric. [*Where Are the Pharisees Today?*](#)
40. Johnson, Eric, and Stanton Jones. [*A History of Christians in Psychology*](#)
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45. Kellemen, Bob. [*A Biblical Counseling Model of Humanity: Understanding People Scripturally*](#)
46. Kellemen, Bob. [*Biblical Counseling and Scientific Research*](#)
47. Kellemen, Bob. [*Consider Your Counsel: Addressing Ten Mistakes in Our Biblical Counseling*](#)
48. Kellemen, Bob. "Discovering Wisdom for Life in a Broken World: Our Treasure Hunt for Wisdom," Chapter 2 in [*Gospel-Centered Counseling: How Christ Changes Lives*](#)
49. Kellemen, Bob. "Examining the Spiritual Anatomy of the Soul: Our View of People," Chapter 6 in [*Gospel-Centered Counseling: How Christ Changes Lives*](#)
50. Kellemen, Bob. [*Gospel-Centered Counseling: How Christ Changes Lives*](#)
51. Kellemen, Bob. [*John Calvin on "Common Grace"*](#)

52. Kellemen, Bob. [*Herman Bavinck on "Common Grace," Part 1*](#)
53. Kellemen, Bob. [*Herman Bavinck on "Common Grace," Part 2*](#)
54. Kellemen, Bob. "Mining the Riches of God's Word: God's Treasures of Wisdom," Chapter 1 in [*Gospel-Centered Counseling: How Christ Changes Lives*](#)
55. Kellemen, Bob. "The Rich Relevance of God's Word", Chapter 11 in [*Scripture and Counseling: God's Word for Life in a Broken World*](#)
56. Kellemen, Bob. [*Soul Physicians: A Theology of Soul Care and Spiritual Direction*](#)
57. Kellemen, Bob. [*Theo-Drama and Gospel-Centered Counseling*](#)
58. Kellemen, Bob. [*A Theologically-Informed Approach to Sexual Abuse Counseling: Implementing the Hermeneutical Spiral*](#)
59. Kellemen, Bob, and Jeff Forrey, Editors. [*Scripture and Counseling: God's Word for Life in a Broken World*](#)
60. Kellemen, Bob, and Steve Viars, Editors. [*Christ-Centered Biblical Counseling: Changing Lives with God's Changeless Truth*](#)
61. Kellemen, Bob, and Sam Williams. "The Spiritual Anatomy of the Soul," Chapter 7 in [*Christ-Centered Biblical Counseling: Changing Lives with God's Changeless Truth*](#)
62. Kutter Callaway, and William Whitney. [*Theology for Psychology and Counseling: An Invitation to Holistic Christian Practice*](#). Grand Rapids: Baker Academic, 2022
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77. Murray, David. [*Biblical Counseling and a Theology of Scripture*](#)
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79. Murray, David. [*A Theology of Biblical Counseling: Some Questions and Clarifications*](#)
80. Murray, David, and John Belden. [*The Role of Science in Biblical Counseling*](#)
81. Murray, David, and Heath Lambert. [*Dialogue with Heath Lambert*](#)
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87. Piper, John. [*Thoughts on the Sufficiency of Scripture: What It Does and Doesn’t Mean*](#)
88. Piper, John. [*Toward a Definition of the Essence of Biblical Counseling*](#)

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94. Powlison, David. [*Can I Pursue Psychiatry as a Vocation While Maintaining a Biblical Worldview?*](#)
95. Powlison, David. [*Critiquing Modern Integrationists*](#)
96. Powlison, David. [*Cure of Souls \(and the Modern Psychotherapies\)*](#)
97. Powlison, David. "Does Biblical Counseling Really Work?" in [*Totally Sufficient: The Bible and Christian Counseling*](#). Ed Hindson and Howard Eyrich (Eds.), Eugene, OR: Harvest House, 1997): 53-87
98. Powlison, David. [*Faith's Psychology and the Psychological Faiths*](#)
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102. Powlison, David. [*Is There Value in Biblical Counselors Pursuing a Ph.D. at Secular Institutions?*](#)
103. Powlison, David. [*Issues in Biblical Counseling: An Interview with David Powlison*](#)
104. Powlison, David. [*Let's Talk \(Interactions About 1\) How Do We Help Non-Christians, 2\) What Is the Place of Psychotropic Medications? 3\) How Much Attention Should We Pay to Situational Factors, and 4\) How Do We Interact with Secular Knowledge, Theory, and Practice?*](#)
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112. Steffaniak, Jordan. ["Everything in Nature Speaks of God: Understanding Sola Scriptura Aright."](#) *Modern Reformation* 31, no. 3 (June 2022)
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116. Taylor, Justin. [*Powlison on Six Aspects of "Psychology" and Christianity*](#)
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120. Welch, Ed. [*CCEF, Science, and ADHD*](#)
121. Welch, Ed. [*Is CCEF Anti-Science?*](#)
122. Whelchel, Hugh. [*Common Grace for the Common Good*](#)
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Category #2: Resources on Descriptive Research and Evidenced-Based Counseling Intervention Research

This category focuses on descriptive research and on a sub-set of descriptive research—evidenced-based counseling intervention resources. Some of the resources are broad-based—providing introductory definitions and descriptions of descriptive research and evidenced-based research. Some of the resources are more specific—providing resources that give specific examples of articles that offer descriptive research and/or evidenced-based counseling research findings. These resources explore the potential impact of empirical research on biblical counseling practice.

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Category #3:
**Physiological/Neurological Resources on the Complex Interconnection
of Our Brain/Mind, Body/Soul, Physical/Spiritual Nature**

As the title suggests, this category focuses on resources related to the complex interconnection of our brain/mind, body/soul, and physical/spiritual nature. This category also includes resources related to neuroscience, psychotropic medication, mental illness, mental health, and the DSM. It highlights resources that explore how being embodied beings relates to the process of biblical counseling.

1. Allberry, Sam. [*What God Has to Say About Our Bodies: How the Gospel Is Good News for Our Physical Self*](#)
2. Allison, Gregg. [*Embodied: Living as Whole People in a Fractured World*](#)
3. Allison, Gregg. ["Toward a Theology of Human Embodiment."](#) *The Southern Baptist Journal of Theology* 13, no. 2 (2009): 4-17
4. Anderson, Ray. [*On Being Human: Essays in Theological Anthropology*](#)
5. Arden, John. [*Rewire Your Brain: Think Your Way to a Better Life*](#)
6. Boland, Robert, and Marcia Verduin. [*Kaplan & Sadock's Concise Textbook of Clinical Psychiatry*](#), Fifth Edition
7. Brooks, Nate. [*Depression Is a Biblical Concept*](#)
8. Brooks, Nate. [*Understanding the DSM*](#)
9. Brooks, Nate, and Ann Maree Goudzwaard. [*Emotional Abuse Harms the Body, Too*](#)
10. Brooks, Nate, and Ann Maree Goudzwaard. [*Emotional Abuse Is the Abuse of the Person*](#)
11. Burns, J. [*Theological Anthropology*](#). Philadelphia: Fortress, 1981
12. CCEF. [*Psychiatric Disorders: 2011 National Conference Digital Download*](#)
13. Chappell, Christine. [*Help! I've Been Diagnosed with a Mental Disorder*](#)
14. Choi, Octavio. ["What Neuroscience Can and Cannot Answer."](#) *Journal of the American Academy of Psychiatry and the Law Online* 45, no. 3 (September 2017): 278-85
15. Cooper, John. [*Body, Soul, and Life Everlasting: Biblical Anthropology and the Monism-Dualism Debate*](#)

16. Cortez, Marc. [*Embodied Souls, Ensouled Bodies: An Exercise in Christological Anthropology and its Significance for the Mind/Body Debate*](#)
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18. Dunnington, Kent. [*Addiction and Virtue: Beyond the Models of Disease and Choice*](#)
19. [*Eat This, Not That*](#)
20. Emlet, Mike. [*A Biblical Understanding of Psychotropic Medication*](#)
21. Emlet, Mike. [*Description and Prescriptions: A Biblical Perspective on Psychiatric Diagnosis and Medications*](#)
22. Emlet, Mike. *The Doctor Is In*. [*Part 1. Part 2. Part 3. Part 4. Part 5. Part 6. Part 7*](#)
23. Emlet, Mike. [*DSM-5: The New Normal?*](#)
24. Emlet, Mike. [*Goldilocks, Psychiatric Diagnosis, and Psychoactive Medications*](#)
25. Emlet, Mike, [*How Do We Understand Biological Factors in Counseling?*](#)
26. Emlet, Mike. [*"Listening to Prozac . . . and to the Scriptures: A Primer on Psychoactive Medications."*](#) *Journal of Biblical Counseling* 26, no. 1 (2012): 11-22
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28. Emlet, Mike. [*"Understanding the Influences on the Human Heart."*](#) *Journal of Biblical Counseling* 20, no. 2 (2002): 47-52
29. Emlet, Mike. [*What's in a Name? Understanding Labels and Diagnoses*](#)
30. Emlet, Mike. [*When Should a Pastor Recommend a Psychiatrist?*](#)
31. Eswine, Zack. [*Spurgeon's Sorrows: Realistic Hope for Those Who Suffer from Depression*](#)
32. Eyrich, Howard. [*What to Do with a Diagnosis*](#)
33. Gifford, Greg. [*Mind vs. Brain: Gaining Biblical Clarity on the Difference*](#)
34. Gingrich, H.D. and F. C. Gingrich. [*Treating Trauma in Christian Counseling*](#)
35. Goldberg, Joseph, and Carrie Ernst. [*Managing the Side Effects of Psychotropic Medications*](#), Revised Edition

36. Goldberg, Joseph, and Stephen Stahl. [*Practical Psychopharmacology*](#), New Edition
37. Goudzwaard, Ann Maree. [“One of These Things Is a Lot Like the Other: A Biblical Perspective on the Devastating Body/Soul Impact of Domestic Abuse.”](#) (Unpublished Manuscript), 2022. Reformed Presbyterian Theological Seminary
38. Grcevich, Stephen. [*Seven Reasons Why Church Is Difficult for Those Touched by Mental Illness*](#)
39. Greer, Lainey. [*Be Well: Learning to Steward Your Health*](#)
40. Greer, Lainey. [*Don't Live Disembodied*](#)
41. Groves, Alister. [*Trauma \(Biblical Counseling Thoughts on ‘The Body Keeps the Score’\)*](#)
42. Hambrick, Brad. [*18 Questions About Faith and Mental Illness*](#)
43. Hambrick, Brad. [*50 Good Mental Health Habits*](#)
44. Hambrick, Brad, General Editor. [*Becoming a Church That Cares Well for the Abused*](#)
45. Hambrick, Brad. [*Blame It on the Body?*](#)
46. Hambrick, Brad. [*Brain Research, Biblical Counseling, and the Change Process: Habits*](#)
47. Hambrick, Brad. [*Can Someone Be Spiritually Healthy and Still Experience Mental Health Challenges?*](#)
48. Hambrick, Brad. [*On Diagnosing Mental Disorders: Interacting with a Quote from Allen Frances, M.D.*](#)
49. Hambrick, Brad. [*Dietrich Bonhoeffer on Psychiatry*](#)
50. Hambrick, Brad. [*My Resources on Mental Illness and Medication*](#)
51. Hambrick, Brad. [*Neuropsychology and Emotional Intelligence*](#)
52. Hambrick, Brad. [*The Role of Language in the Stigma of Mental Illness*](#)
53. Hambrick, Brad. [*Six Steps to Wise Decision-Making About Psychotropic Medications—Part 1*](#)
54. Hambrick, Brad. [*Six Steps to Wise Decision-Making About Psychotropic Medications—Part 2*](#)
55. Hambrick, Brad. [*Toward a Christian Perspective on Mental Illness*](#)

56. Hambrick, Brad. [*What Is Counseling About? Problems in Living, Meaning of Life, or Mental Health?*](#)
57. Hambrick, Brad. [*What Is Mental Illness: Part 2—A Proposed Definition*](#)
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60. Herman, Judith. [*Trauma and Recovery*](#)
61. Higbee, Garrett. [*Is Mental Health a Biblical Concept?*](#)
62. Hodges, Charles. [*Biblical Counseling and Medicine: Trying to Wear Two Hats Fairly*](#)
63. Hodges Chares. [*Chemical Imbalances: True or False?*](#)
64. Hodges, Charles. [*Dealing with Wintertime Depression*](#)
65. Hodges, Charles. [*Four Important Things to Know about Depression, Medicine, and Counseling*](#)
66. Hodges, Charles. [*Good Mood Bad Mood: Help and Hope for Depression and Bipolar Disorder*](#)
67. Hodges, Charles. [*Medication, Biblical Counseling, and Depression: What’s New in Serotonin?*](#)
68. Hodges, Charles. [*Medication, Biblical Counseling, and Depression: What’s New in Treatment?*](#)
69. Hodges, Charles. [*Medication: Right or Wrong? Wise or Unwise? Helpful or Not?*](#)
70. Hodges, Charles. [*Mood, Medicine, and the Value of Emotions*](#)
71. Hodges, Charles. [*Mental Illness and Compassion*](#)
72. Hodges, Charles. [*When Medication Is Helpful in the Life of a Counselee*](#)
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76. Johnson, Dale. [Considering Neuroscience in Biblical Counseling: An Interview with Dr. Jenn Chen](#)
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78. Johnson, Dale. [How to Approach New Medical Research: Truth in Love Podcast Interview with Dan Gannon](#)
79. Johnson, Dale. [Mental Health: A Biblical Perspective](#)
80. Johnson, Dale. [Mind Versus Brain: Truth in Love Podcast Interview with Greg Gifford](#)
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86. Kapic, Kelly. [You're Only Human: How Your Limits Reflect God's Design and Why That's Good News](#)
87. Kellemen, Bob. [A Biblical Counseling Perspective on Neuroscience and the Soul](#)
88. Kellemen, Bob. [Biblical Counseling and Mental Illness: Promoting Compassionate, Comprehensive Care for the Whole Person](#)
89. Kellemen, Bob. [Biblical Counseling, Neuroscience, and Descriptive Research Psychology](#)
90. Kellemen, Bob. [Depression, Medication, and Biblical Counseling](#)
91. Kellemen, Bob. ["I'm Thinking About Going to the Doctor for Depression Meds": What Is a Compassionate, Comprehensive Response?](#)
92. Kellemen, Bob. [Learning the Biblical ABCs of Emotional Intelligence](#)
93. Kellemen, Bob. [Mental Illness and the Church: Developing a Compassionate and Comprehensive Biblical Counseling Response](#)

94. Kellemen, Bob. "Mistake #6: We View People One-Dimensionally Instead of Comprehensively," Chapter 6 in [*Consider Your Counsel: Addressing Ten Mistakes in Our Biblical Counseling*](#)
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97. Kleining, John. [*Wonderfully Made: A Protestant Theology of the Body*](#)
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101. LaPine, Matthew. [*The Gift of Pain and Embodiment: A Review of Three Books*](#)
102. LaPine, Matthew. [*The Logic of the Body: Retrieving Theological Psychology*](#)
103. LeDoux, Joseph. [*Anxious: Using the Brain to Understand and Treat Fear and Anxiety*](#)
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106. Lifeway Research. [*Study of Acute Mental Illness and Christian Faith: Research Report*](#)
107. [*Live Science: Anxiety*](#)
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110. Martella, Dominic. [*Schizophrenia and Bipolar Disorder May Be Detectable Years Before Illnesses Begin*](#)
111. Midgley, Steve. [*Food for Thought*](#)
112. Moncrieff, Joanna, Ruth Cooper, Tom Stockmann, Simone Amendola, Michael Hengartner, and Mark Horowitz. [*"The Serotonin Theory of Depression: A Systemic Umbrella Review of the Evidence."*](#) *Molecular Psychiatry*. Published online July 20, 2022

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115. Murray, David. [*Double Dangers: Maximizing and Minimizing Mental Illness*](#)
116. Murray, David. [*"I'm Thinking of Going to the Doctor for Depression Meds"*](#)
117. Murray, David. [*Pastoral Thoughts on Depression*](#)
118. Murray, David. [*The Problem with "Mental Illness"*](#)
119. [Nature: Neuroscience](#)
120. [Neuroscience News](#)
121. [Neuroscience Peer Review Consortium](#)
122. Noble, Alan. [*You Are Not Your Own: Belonging to God in an Inhuman World*](#)
123. Park, Lilly. [*Children and the DSM*](#)
124. Pierre, Jeremy. [*Mental Illness and the Church*](#)
125. Pierre, Jeremy. [*Psychiatric Medication and the Image of God*](#)
126. Pies, Ronald and George Dawson. [*"Serotonin or Not, Antidepressants Work."*](#) *Psychiatric Times*, Vol. 39, Issue 9, September 6, 2022
127. [PLOS Medicine](#)
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129. Powlison, David. [*Is There Any Point in Talking to a Person with Paranoid Schizophrenia?*](#)
130. Powlison, David. [*Psychiatric Disorders Curriculum*](#)
131. Powlison, David. [*The Question of Causality: Nature, Nurture, and a Whole Lot More*](#)
132. Powlison, David. [*The Relationship Between Sin and Psychopathology*](#)
133. Powlison, David. [*Serious Mental Health Problems: How Can Churches Help?*](#)
134. [Psychiatric Times](#)

135. [Psychological Medicine Journal](#)
136. [Psychology Today](#)
137. [PsyPost: Cognitive Science](#)
138. [PsyPost: Mental Health](#)
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143. Schwartz, Jeffrey. [*Neuroplasticity and Spiritual Formation*](#)
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146. [Scientific American: Mind and Brain](#)
147. Sickler, Brad. [*God on the Brain: What Cognitive Science Does \(and Does Not\) Tell Us about Faith, Human Nature, and the Divine*](#)
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160. Welch, Ed. [*Anything Happening in the Neurosciences?*](#)
161. Welch, Ed. *Basics About Bi-Polar*. [*Part 1*](#)
162. Welch, Ed. *Basics About Bi-Polar*. [*Part 2*](#)
163. Welch, Ed. *Basics About Bi-Polar*. [*Part 3*](#)
164. Welch, Ed. [*Biblical Counseling's "Dirty" Words*](#)
165. Welch, Ed. [*Bipolar Disorder: Understanding and Help for Extreme Mood Swings*](#)
166. Welch, Ed. [*Blame It On the Brain: Distinguishing Chemical Imbalances, Brain Disorders, and Disobedience*](#)
167. Welch, Ed. [*Can We Be Positive About Psychiatric Medications?*](#)
168. Welch, Ed. [*Counseling the Body: First Steps for Holistic Soul Care*](#)
169. Welch, Ed. [*Depression: Looking Up from the Stubborn Darkness*](#)
170. Welch, Ed. [*I Have a Psychiatric Diagnosis: What Does the Bible Say?*](#)
171. Welch, Ed. [*Is Mania a Physical Problem?*](#)
172. Welch, Ed. [*Ten Ways Ordinary People Can Help Those With Psychiatric Disorders*](#)
173. Welch, Ed. [*Why Do We Seem Negative About Psychiatric Medications?*](#)
174. Welch, Ed, Mike Emlet, and Alasdair Groves. [*"Serotonin and Depression: 4 Questions and Answers About a New Study."*](#) *The Gospel Coalition*. Released online on September 8, 2022
175. Williams, Sam. "What About the Body?" Chapter 8 in [*Scripture and Counseling: God's Word for Life in a Broken World*](#)
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